



WT Walking Tall

Southern Oregon

LIFE COACHING

FAITH-BASED MENTORSHIP

HANDS-ON EXPERIENCES FOR JOB READINESS

AUTOMOTIVE WOODWORKING FABRICATING & WELDING SMALL ENGINE COMPUTER DESIGN

5/5/2021

Are you a chronic complainer? Have you been told you complain too much? The ugly truth is that our environment often shapes our behavioral habits. The beautiful thing about habits is that you can build a good habit and break a bad one at the same time. Walking Tall is setting a Christ like example to follow.

Walking Tall mentors and mentees were challenged to stop complaining and being sarcastic for 21 days—this becomes a habit of positivity, and will be produced by the 21 days of changed attitudes. Wearing the Jackson Strong wrist band helps remind them to be positive in their speech. If they become critical or sarcastic, they switch the wristband over to the other wrist and begin to count again. The goal is 21 straight days on the same wrist.



Do everything without complaining or arguing so that no one can criticize you. Philippians 2:14



One mentor told Tom, "I find myself praying more often for Jackson as I would consider my speech; my mind would always find its way to Jackson."

Here are a few prayer requests for Jackson, Tom and Judy's grandson. Jackson's parents need discernment as they receive test results from his hearing loss. We also pray that doctors can correct his double vision and eliminate his migraine headaches. And finally we pray he has the best option for school and he can accept this life-altering injury with a positive attitude, knowing He can use it for good.



Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go.

Joshua 1:9



Thank you for your support and prayers!

If you haven't ever supported Walking Tall, please consider a one time donation or regular monthly donation to support and continue offering many skills to these young men. Thank you so much! Walking Tall: PO Box 3789 Central Point, OR 97502 or walkingtallso.org for online donations.