



# WT Walking Tall

Southern Oregon

7/6/2022

LIFE COACHING

FAITH-BASED MENTORSHIP

HANDS-ON EXPERIENCES FOR JOB READINESS

AUTOMOTIVE WOODWORKING FABRICATING & WELDING SMALL ENGINE COMPUTER DESIGN CONSTRUCTION AND MORE

Our first and last task of the day is checking on the seedlings in the greenhouse. The Walking Tall horticulture division is thriving with green plants inside and outside. This endeavor has been a group effort; many guys were involved in building the greenhouse, raised beds, and raised bed covers. In addition, the horticulture group collaborated with the designers, welders, fabricators, and construction crews. This partnership effort has given the young men a sense of purpose and responsibility. Young men like Devon, finding a place of belonging, Jonathan, who has taken ownership, and Mentors, coming alongside with their hands literally in the dirt. This teaching process of manipulating the soil (good tilth), planting the seeds, potting up (replanting to bigger pots), transplanting to the raised beds, harvesting a vegetable at its peak quality, then encouraging the young men try these vegetables.



Studies show that when kids have contact with soil during activities like digging and planting, they have improved moods, better learning experiences, and decreased anxiety. But, most important, the self-esteem a kid gets from eating a perfect cucumber (or radish) that he grew himself is priceless.



Walking Tall may never see the fruits of our labors. We don't always know how a word or working alongside impacts another person, even another generation. But if we plant the first seed, God can grow an abundant harvest.



*The seed will grow well, the vine will yield its fruit, the ground will produce its crops, and the heavens will drop their dew. I will give all these things as an inheritance to the remnant of this people.*

**Zechariah 8:12**



Tasting a picked radish



Thank you for your support and

*If you haven't ever supported Walking Tall, please consider a one time donation or regular monthly donation to support and continue offering many skills to these young men. Thank you so much! Walking Tall: PO Box 3789 Central Point, OR 97502 or walkingtallso.org for online donations.*